



Home Challenge Grid - Year 1

Term 6 2025

Strive for 5, 10 is zen,
15 is a dream and 20 is plenty!

Help plan and make a healthy snack/meal.	<u>Have a go at Teach your Monster to Read.</u> <u>A great game that helps practise phonics!</u> Free on laptops.	<u>Practise your left and right with this dance!</u>	<u>Make a Skittle Rainbow!</u>	Do a spot of gardening. Perhaps you could plant some seeds to grow wild flowers for the bees.
Help cut a pizza/cake/quiche (any round food item!) in to halves and quarters.	Create some collage art.	Listen to a piece of classical music - What do you like about it? How does it make you feel?	Have a game of tennis (or another bat and ball game - you could make up your own!)	<u>Be a nature detective and see how many leaves you can identify.</u>
Enjoy a walk at different times in the day (morning, midday and evening) What do you notice that is the same and different.	Make a kite.	Perform a good deed for someone you know.	Help pair up socks - can you count in twos to find how many socks you paired?	Measure how tall you are. Can you measure how tall your family members are too?
Your Own Activity/Challenge	Your Own Activity/Challenge	Your Own Activity/Challenge	Your Own Activity/Challenge	Your Own Activity/Challenge